What's in it for me? Helping non-health sectors understand how NCDs impact them

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The 2011 Political Declaration on NCDs [1] leaves no room for doubt – the health sector, crucial as it is, cannot tackle NCDs on its own. Government departments must work together to stem the rising tide of cancers, diabetes, heart disease and respiratory conditions. Indeed, of the 80-plus cost-effective policy options in the WHO Global Action Plan on NCDs 2013-2020 [2], over half require the meaningful engagement of sectors other than health.

And yet 'whole-of-government' responses to NCDs remain largely theoretical, even as <u>40 million people died from</u> NCDs last year [3], nearly half of them before their 70th birthday.

Why, despite a steady stream of mandates, commitments and sound technical guidance – amidst worsening NCD burdens – are we not seeing joined-up government responses to NCDs in more countries?

Engaging all sectors in the NCD response - one of the biggest challenges

Yes, <u>development assistance for NCDs continues to be alarmingly out of touch with the scale of the NCD problem</u> [4]. But another core challenge is stubbornly low demand amongst "non-health" sectors to engage in NCD responses. Limited understanding of NCDs and why they matter for development, incentive conflicts between government departments (real or perceived), industry interference in policymaking, and the absence of strong coordination structures for health – these suppress buy-in and ownership. They hold governments back from <u>Activating National</u> <u>Responses to NCDs</u> [5].

But perhaps there's been an additional impediment – perhaps the global push for multisectoral action on NCDs has, at times, over-relied on telling other sectors how their core business matters for NCDs, and why they should intervene *for the betterment of health*. Often missing has been a powerful advocacy case outlining the direct benefits of addressing NCDs *for these other sectors*.

With this in mind, UNDP and WHO have produced a set of briefs - "What Government Ministries Need to Know about

<u>NCDs</u> [6]" – to provide policy and decision makers across government with information on how NCDs impact their sector, and the proactive steps they can take to respond to the challenges while advancing their own objectives and accountabilities.

So what exactly do the "non-health" sectors need to know?

- <u>Education</u> [6] needs to know that addressing NCDs and their risk behaviours supports the educational development of children. Fewer NCDs among families keeps kids in school. Reduced exposure to tobacco, alcohol, unhealthy diet and physical inactivity improves cognitive capacities and learning outcomes;
- <u>Labour and employment</u> [6] needs to know that NCDs decrease the labour force, reduce productivity, and sap economic growth. Smoke-free laws will not harm business revenues, and taxing health-harming products will not lead to overall job loss quite the opposite. Tobacco production often <u>exploits and poisons</u> [7] labourers. It is antithetical to safe and decent work.
- Finance, tax and revenue [6] needs to know that NCDs hold back economic growth, and that health costs due to NCDs drain national budgets. Yet <u>cost-effective fiscal measures</u> [8] can turn the situation around. Clever fiscal policies can avoid these losses while generating significant revenue for government;
- <u>Municipal authorities, local governments and ministers responsible for urban planning</u> [6] need to know that NCDs pose a unique threat to the resiliency and sustainability of cities. Many local government concerns – improved road safety, sustainable transport, access to basic services, and safe green spaces, for example – can be strengthened by applying an NCDs lens;
- <u>Trade and industry authorities</u> [6] need to know that reduced productivity and increased health insurance premiums from NCDs are hurting businesses. Consumer markets are fast-developing preferences for healthier products and services. Getting health and trade on the same page is crucial;
- <u>The executive branch</u> [6] needs to know the full spectrum of harms that NCDs inflict on their nation's health, wealth and prosperity. Some heads of state have shown remarkable leadership in tackling NCDs, but others have lagged behind. Progress on commitments made, including in the 2011 Political Declaration and <u>2014</u> <u>Outcome Document</u> [9], will be reviewed in 2018; and
- <u>Ministries of information and communications</u> [6] need to know that that societies, especially children, are paying a heavy price for today's onslaught of health-harming messaging. There are several communications strategies that can turn this dynamic on its head, while stimulating public support for addressing NCDs.

What can "non-health" sectors do? Start by talking to each other.

The briefs also provide the sectors above with guidance on which policy approaches can best advance health, health equity and their core interests together. Although each brief includes specific tips to get started, nearly all recommendations involve talking to other sectors more to explore win-wins, forging alliances with key stakeholders, and making every effort to stop industry interference in policymaking (whose <u>dirty tricks</u> [10] continue to know no bounds).

The briefs were made especially possible by recognition of NCDs as a development issue in <u>Agenda 2030</u> [11], which can serve as an overarching framework for identifying and implementing <u>win-wins for NCDs and other sectors'</u> <u>priorities</u> [12]. The attention given to tobacco taxation as a revenue stream in the <u>internationally agreed agenda for</u> <u>financing development</u> [13] further boosts calls to align NCD responses with broader development progress.

Responding to requests for guidance

Critically, the briefs are responsive to demand for technical guidance expressed directly from ministries during <u>country</u> <u>missions of the UN Inter Agency Task Force on NCDs</u> [14]. During these missions, ministers of health have consistently requested support in making a compelling case to other sectors for why they should join government efforts to tackle NCDs. High and growing demand for national NCD investment cases – cases for the economic sectors of government which juxtapose the relatively low costs of scaled-up action against the far greater costs of inaction – exemplifies the shifting approach towards talking more to other sectors in their own language.

The hope is for the briefs to be used by government ministries, including permanent secretaries, minsters and their technical support officers. But they will also be useful for UN agencies/country teams, resident coordinators, civil society and any stakeholder interested in:

- advancing whole-of-government responses to NCDs;
- creating integrated and mutually beneficial responses to NCDs and other priorities; and/or
- linking constituencies and social movements around overlapping concerns.

Another useful resource in this regard is the set of <u>WHO-UNDP briefs on how different aspects of health promotion</u> <u>can advance the SDGs</u> [15].

In the 1990s a series of multisectoral advocacy and technical briefs began to change government responses to another complex health and development challenge – HIV/AIDS. Can these new ones do the same for NCDs?

About the Author

Roy Small (<u>@TheRealMcRoy</u> [16]) is a health and innovative financing consultant at UNDP (<u>@UNDP</u> [17]). He supports UNDP's efforts to strengthen national capacity, leadership, governance, multisectoral action and partnerships to respond to NCDs and tobacco. For UNDP he also supports financing across sectors for interventions that deliver health and development win-wins. Roy's background is in law and global public health.

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- [3] http://thelancet.com/pdfs/journals/lancet/PIIS0140-6736(16)31012-1.pdf
- [4] http://jglobalhealth.org/article/why-is-there-no-funding-for-non-communicable-diseases/
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- [6] http://www.undp.org/content/undp/en/home/librarypage/hiv-aids/what-government-ministries-need-to-know-aboutnon-communicable-diseases.html
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